

**WHAT IS CLAIMED IS:**

1. An aquatic sports garment comprising:  
an outer layer, at least one multi-layered zone comprising at least the outer layer and an underlying layer which, in a protective zone, lines the skin in an elastically deformable manner so as to protect it from contact with the outer layer, wherein the underlying layer comprises a fixing zone whereby it is fixed directly or indirectly to the outer layer, and wherein, at least in the protective zone, the two layers are free from one another.
2. A garment according to claim 1, wherein the underlying layer is fixed directly on the inner surface of the outer layer.
3. A garment according to claim 1, wherein the underlying layer is fixed on an intermediary piece inserted between the underlying layer and the outer layer.
4. A garment according to claim 1, wherein the underlying layer is in the form of a yoke, and wherein the fixing zone is arranged on the edges of the yoke.
5. A garment according to claim 1, wherein the underlying layer is arranged opposite a joint of the user, such as elbows, knees, shoulders, crotch.
6. A garment according to claim 1, wherein the underlying layer has characteristics of comfort.
7. A garment according to claim 1, wherein the perimeter of the underlying layer, forming the zone for fixing said underlying layer on the outer layer, is substantially identical to the perimeter of the outer layer demarcating a bending zone, whereas the

development surface of the bending zone of the outer layer is larger than the development surface of the protective zone of the underlying layer, so as to create a looseness of the outer layer with respect to the underlying layer to facilitate the movements while eliminating the constraints on the user's skin.

8. A garment according to claim 1, wherein the underlying layer is made of a thin, elastic and non-folding material, so that it lays flat against the skin of a user in order to protect it when the garment is worn by the user, and to accompany all of his movements.

9. A garment according to claim 4, wherein the constituent material of the yoke is Lycra.

10. A garment according to claim 1, wherein the underlying layer is fixed on the outer layer by heat sealing.

11. A garment according to claim 1, wherein the outer layer has characteristics of strength, insulation and water-tightness.

12. A garment according to claim 11, wherein the constituent material of the outer layer is neoprene.

13. A garment according to claim 11, wherein the constituent material of the outer layer is jersey associated with neoprene.

14. A garment according to claim 1, wherein the outer layer comprises functional folds obtained by a previous thermoforming operation, in order to procure more ease when they spread during a movement.